



**NEW &  
IMPROVED**

## **GenuTrain®**

The original knee support –  
just got better.

The new-and-improved GenuTrain knee support is 20% lighter and more breathable than previous versions. Only at Bauerfeind: The meniscus wings with massage nubs made of a second component are now more effective than ever. This means more comfort and better compliance and outcomes for patients.

A low-profile and light weight design, with textured compression knit and patented Omega+ Pad allows for unparalleled relief, joint stabilization and all day wearing comfort – latex free.

### **Indications**

- Pain, swelling, irritation
- Mild osteoarthritis
- Tendinitis (Jumper's/Runner's Knee)
- Feeling of instability
- Meniscus tear
- Reduced proprioception



20% LIGHTER  
TRAIN KNIT



20% MORE  
BREATHABLE

LATEX  
FREE

# The new and improved GenuTrain®

## RESEARCH-BASED INNOVATION.



### INNOVATIVE DESIGN FOR OPTIMUM KNEE THERAPY

- STABILIZES THE KNEE
- RELIEVES PAIN
- PROMOTES PROPRIOCEPTION
- IMPROVED JOINT CONTROL



#### COMPRESSION KNIT

- Textured compression knit for improved proprioception and joint control
- Extra soft popliteal area
- Anatomically contoured for perfect fit
- Latex-free



#### SIDE STAYS

- Comfortable donning and doffing aids integrated into the stays make it easier to wear
- The flexible bending zone follows the user's movement patterns
- Made of durable, flexible synthetic material



#### OMEGA+ PAD

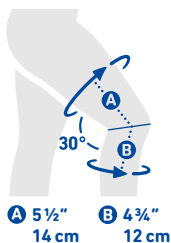
- 01 With meniscus wings for reduced knee pain and relief
- 02 Refined Hoffa spots act on the infrapatellar fat pad, which promotes metabolic and self-healing processes
- 03 Innovative two-component massage nubs in the meniscus wings and Hoffa spots for additional selective stimuli and long-lasting effects



#### STUDIES SHOW

**2 OUT OF 3**  
patients experience less pain<sup>1</sup>  
GenuTrain provides targeted pain relief

**9 OUT OF 10**  
patients feel more stable<sup>2</sup>  
GenuTrain noticeably stabilizes the knee joint



Size		0	1	2	3	4	5	6	7	Order number
Standard	Circumf. 4 3/4" below knee	9 3/4 - 11	11 - 12 1/4	12 1/4 - 13 1/2	13 1/2 - 14 1/2	14 1/2 - 15 3/4	15 3/4 - 17	17 - 18	18 - 19 1/4	110412060*000°
	Circumf. 12 cm below knee	25 - 28	28 - 31	31 - 34	34 - 37	37 - 40	40 - 43	43 - 46	46 - 49	
	Circumf. 5 1/2" above knee	13 3/4 - 15	15 - 16 1/4	16 1/4 - 17 1/4	17 1/4 - 18 1/2	18 1/2 - 19 3/4	19 3/4 - 20 3/4	20 3/4 - 22	22 - 23 1/4	
	Circumf. 14 cm above knee	35 - 38	38 - 41	41 - 44	44 - 47	47 - 50	50 - 53	53 - 56	56 - 59	
Comfort	Circumf. 4 3/4" below knee				13 1/2 - 14 1/2	14 1/2 - 15 3/4	15 3/4 - 17	17 - 18	18 - 19 1/4	110412060*008°
	Circumf. 12 cm below knee				34 - 37	37 - 40	40 - 43	43 - 46	46 - 49	
	Circumf. 5 1/2" above knee				18 1/2 - 19 3/4	19 3/4 - 20 3/4	20 3/4 - 22	22 - 23 1/4	23 1/4 - 24 3/4	
	Circumf. 14 cm above knee				47 - 50	50 - 53	53 - 56	56 - 59	59 - 62	



\*1 = nature, \*7 = black, \*8 = titan, ° = size

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<sup>1</sup> Schween R, Gehring D, Gollhofer A (2015); Immediate Effects of an Elastic Knee Sleeve on Frontal Plane Gait Biomechanics in Knee Osteoarthritis. PLOS | one 10(11): e0115782. doi:10.1371/journal.pone.0115782  
<sup>2</sup> Sell S, Zacher J, Lack S; Proprioception decline in the osteoarthritic knee; Z. Rheumatol, 52: 150-155: (1993) Gait Biomechanics in Knee Osteoarthritis. PLOS | one 10(11): e0115782. doi:10.1371/journal.pone.0115782